



جامعة قطر
QATAR UNIVERSITY

الصحة
HEALTH

برنامج التطوير المهني المستمر للعاملين في القطاع الصحي
Continuing Professional Development of Health Professionals



Diabetes CPD Series Part 5: Patient-Centered Care Approach in Diabetes Management

(Activity Code: AGI-03-P78)

(Tues 30 Mar 6-8pm via WebEx)

Aim: To enhance understanding of the diagnosis, treatment and management of diabetes.

Target Audience: All healthcare practitioners

Learning objectives:

1. Understand the patient-centered care approach and principles of diabetes management
2. Apply behavior change theories and patient empowerment principles in diabetes-self management
3. Describe available structured diabetes-self management programs in Qatar

Speakers:

- **Dr. Diana Alsayed Hassan**- Assistant Professor in Public Health, Qatar University
- **Dr. Ghadir Al-Jayyousi**- Assistant Professor in Health Education/Promotion, Qatar University
- **Dr. Manal Musallam**- Director of Diabetes Education at Hamad Medical Corporation

Event Schedule	
Speaker	Topic and schedule
Dr. Diana Alsayed Hassan 6:05-6:35pm	Patient-centered care approach and principles of diabetes management
Dr. Ghadir Al-Jayyousi 6:35-7:05pm	Behavior change theories and patient empowerment principles in diabetes-self management
Dr. Manal Musallam 7:05-7:35pm 7:35-8:00pm	Describe the available structured diabetes-self management programs in Qatar Case study and discussion

The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.

** This activity is an Accredited group learning activity (Category 1) as defined by Department of Healthcare Professions - Accreditation Section (DHP - AS) and is approved for a maximum number of 2 Hours.*

** CPD-HP (QU—Health) is accredited by Department of Healthcare Professions - Accreditation Section (DHP – AS) as a provider of continuing professional development.*



جامعة قطر
QATAR UNIVERSITY

الصحة
HEALTH

برنامج التطوير المهني المستمر للعاملين في القطاع الصحي
Continuing Professional Development of Health Professionals



Dr Diana Alsayed Hassan, Ph.D.



Dr. Diana Alsayed Hassan is an Assistant Professor in Public Health at the College of Health Sciences, Qatar University. She has a Ph.D. in Interdisciplinary Health Sciences (2015) from Western Michigan University, MI, USA and a M.Sc. in Health Promotion Management from Marymount University, VA, USA (2004). Prior to Joining QU in 2018, she worked Michigan State University as a health educator, for over 10 years, planning and delivering community programs in chronic disease self-management and prevention with a focus on diabetes self-management. Dr. Diana has experience in working with communities across the lifespan. Her research interests include chronic disease management, health education and promotion, and healthy aging.

Dr Manal Musallam Othman



Manal Musallam Othman, Director/AED of Diabetes Education in Hamad Medical Corporation and PhD student in Medical science.

- Member in Scientific Committee of Qatar Diabetes Association.
- Co- Chair for National Patient Empowerment pillar part of National Diabetes Strategy.
- Co- Chair for National Awareness pillar part of National Diabetes Strategy.
- Chair for Qatar Metabolic Institute Education Committee.

-Established first Accredited Diabetes Education Advance Diploma in collaboration with CNAQ in Qatar.

-Actively participate in developing most of online diabetes courses as part of national diabetes strategy.

- Adopt DESMOND as international accredited group diabetes education program to Qatari population.



جامعة قطر
QATAR UNIVERSITY

الصحة
HEALTH

برنامج التطوير المهني المستمر للعاملين في القطاع الصحي
Continuing Professional Development of Health Professionals



- Developed patient education structure UNDER allied health job family including job descriptions, performance appraisals and competencies.
 - Developed clinical training program for public health graduates to become diabetes educators in collaboration with QU.
 - Main Organizer for National Diabetes Awareness Campaigns.
 - Published first diabetes book in Arabic for the patient and many educational materials includes Videos, pamphlet, Diabetes CD for deaf patients and diabetes pamphlets on Braille language.
 - Speaker in national TV channels for diabetes and public health topics and international lecturer for diabetes education.
- Graduated from nursing school in Jordan 1993 with bachelor's degree, post graduate diploma in diabetes education 2002, certified as diabetes educator from AADE 2005, master's in public health/ community medicine 2007.
- published four papers about diabetes prevalence and metabolic syndrome among Qatari population in international journals.



Dr Ghadir Fakhri Al-Jayyousi, Ph.D.

Dr. Ghadir Fakhri Al-Jayyousi is an Assistant Professor in Health Education and Promotion in the Department of Public Health at the College of Health Sciences-Qatar University. She has a Ph.D. in Health Education from Kansas State University, KS, USA, a M.Sc. in Community Health from University of Arkansas, AR, USA, and a B.Sc. in Medical and Biological Analysis from University of Jordan. Dr. Al jayyousi is the internship coordinator and the Continuous Professional Development (CPD) coordinator in the Department of Public Health at Qatar University. She is a member in planning and taskforce committees for different health education/promotion programs and campaigns.

Dr. Al-Jayyousi teaches health education and promotion courses. Her research focuses on social determinants of health, women's health, and diabetes education and prevention. Other research/ publications were in the area of interprofessional education and supervised clinical practice