



Pain management: A Practice Update

Activity Code (AGI-03-P87)

Monday 29th November 2021 6-7:30pm via WebEx

Aim: The aim of this presentation is to provide an evidence based overview on pain management and to increase health care knowledge and awareness while highlighting the importance of the interdisciplinary approach and its impact on pain management

Objectives:

- Explain the pathophysiology of pain
- Discuss contributing factors and classifications.
- Describe pharmacological and non-pharmacological interventions used in pain management.
- Define the role of multimodal analgesia and its impact on pain management
- Discuss the opioids use emergency and strategies to overcome it
- Provide an overview on the interdisciplinary approach in pain management

Speakers:

- **Dr. Nohad Abed Al Malak** - Clinical pharmacist, Acting pharmacy manager. Pharmacy Department, Aspetar Hospital
- **Dr Daniel Rainkie** – Clinical assistant professor of Clinical Pharmacy, College of Pharmacy, Qatar University.

Event Schedule	
Speaker	Topic and schedule
Dr. Nohad Abed Al Malak 6:05-7:05pm	<ul style="list-style-type: none"> • Explain the pathophysiology of pain • Discuss contributing factors and classifications. • Describe pharmacological and non- pharmacological interventions used in pain management. • Define the role of multimodal analgesia and its impact on pain management • Discuss the opioids use emergency and strategies to overcome it • Provide an overview on the interdisciplinary approach in pain management
Moderator 7:05 – 7:30pm	Case study and discussion

* The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.

* This activity is an Accredited group learning activity (Category 1) as defined by Department of Healthcare Professions - Accreditation Section (DHP - AS) and is approved for a maximum number of 1.5 Hours.

* CPD-HP (QU—Health) is accredited by Department of Healthcare Professions - Accreditation Section (DHP – AS) as a provider of continuing professional development.



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Continuing Professional Development of Health Professionals



Dr. Daniel Rainkie, B.Sc(Hons), B.Sc(Pharm), ACPR, PharmD



Clinical Assistant Professor, College of Pharmacy,
Qatar University

Dr. Daniel Rainkie joined the Qatar University College of Pharmacy in 2015 as a clinical lecturer and is a clinical pharmacy specialist with the Advanced Heart Failure clinic at Heart Hospital, Hamad Medical Corporation. Daniel completed his B.Sc.(Pharm) from the University of British

Columbia in 2012, his pediatrics pharmacy residency (ACPR) with the Fraser Health Authority (Canada) in 2013 and his Doctorate in Pharmacy (PharmD) from the University of British Columbia in 2015. Daniel was a neonatal intensive care pharmacist before joining Qatar University.

Within the College of Pharmacy, Daniel is actively engaged with the simulation and practice skills courses, including OSCE development. Daniel is the Assessment Committee chair and contributes to the development and implementation of simulation and non-simulation assessments. He is the course coordinator for the undergraduate evidence-based medicine series and chair of the evidence-based medicine committee.

Daniel's research interests include education techniques, assessment, OSCE and evidence-based medicine.

Dr. Nohad Abed Al Malak

Dr. Nohad is a PharmD holder with over 15 years of experience in community and hospital pharmacy between the USA and Qatar and precepting pharmacy students. She is currently a clinical pharmacist and acting pharmacy manager at Aspetar.