

Complementary Medicine in Islamic Civilization: Elements of Integration and Development

(Activity Code: AGI-03-P189)

21-22 April 2025

College of Education – Qatar University

Target Audience: Physicians, Pharmacists, Allied Health practitioners,
Complementary Medicine

Aim & Overall Learning Objectives:

General Aim:

To promote dialogue on integrating and developing complementary medicine in the context of Islamic heritage.

Overall learning objectives:

By the end of the conference, participants will be able to:

- Describe the current status of complementary medicine regulation and its economic impact globally.
- Discuss the Islamic perspective on complementary medicine therapies and their integration into healthcare.
- Explain the definition, historical development, and future directions of Arabic and Islamic Medicine.
- Apply appropriate research methods and publishing guidelines in the field of complementary medicine.
- Evaluate various complementary medicine therapies based on current safety and efficacy evidence.
- Discuss new tools and future approaches for documenting and presenting Islamic and complementary medicine.

* The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.

* "This activity is an Accredited group learning activity (Category 1) as defined by Ministry of Public Health's Department of Healthcare Professions - Accreditation Section and is approved for a maximum number of 14.75 Hours."

* “CPD-HP (QU—Health) is accredited by Ministry of Public Health’s Department of Healthcare Professions - Accreditation Section (DHP – AS) as a provider of continuing professional development.”

Activity schedule:

Time and Speakers	Schedule and Learning outcomes
21 st April 2025	Day 1
10.00am-12.00pm Dr. Abdullah Obaid Alanazi Dr. Zainab Al-Musleh Dr. Khaled Own	Session One: Islamic Complementary Medicine Legislation, Policy & Economics <u>Learning outcomes:</u> <ul style="list-style-type: none"> Describe the regulation of complementary medicine locally, regionally and globally Describe the global economic landscape of complementary medicine, including key market trends and regulatory influences. Describe the role of Islamic endowments in supporting medical research.
12.00pm-1.00pm	Break
1.00pm-3.00pm Dr. Samir Qadduri Dr. Mohamed Ghaly	Session Two: Islamic Medical Ethics: From Heritage to Community Implementation <u>Learning outcomes:</u> <ul style="list-style-type: none"> Describe the medical ethics from the Islamic perspectives. Describe the methods of documentation of Islamic medicine.
3.00pm-3.30pm	Break
3.30pm-5.15pm Dr. Mohamed Alshami Dr. Khalid Al-Jaber Dr. Aziz Elbittoui	Session Three: Islamic Psychiatry and Nirvana <u>Learning outcomes:</u> <ul style="list-style-type: none"> Describe psychiatry and psychotherapy from Islamic perspective Describe the philosophical dimensions of Islamic medicine.
5.15pm-5.30pm	Break
5.30pm-7.00pm	Session Four: The Concept of Wellness in Complementary and Islamic Medicine

Dr. Rayyan Al-Sulaimani Dr. Salih Al Ansari	<p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> Define the concept of wellness and describe the role of Islamic civilization in supporting the comprehensive wellness. Describe the methods of integration of complementary medicine into primary healthcare services.
22nd April 2025	Day 2
<p>8.00am – 9.15am</p> <p>Dr. Sami A. Moustafa Dr. Mohamed Khalil Dr. Aziz Alfeeli</p>	<p>Session One: Pain Management and Complementary Medicine</p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> Describe the various methods of pain management using complementary medicine practices. Demonstrate how to extract scientific evidence in the field of complementary medicine.
<p>9.15am-10.30am</p> <p>Dr. Tamer Shaban Dr. Mohamed Raslan Dr. Abdelkader Djeddi</p>	<p>Second Two: Cupping</p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> Describe the various types of cupping therapy, and its history, present and future development. Discuss the religious aspects of complementary medicine.
10.30am-10.45am	Break
<p>10.45am-11.45am</p> <p>Dr. Marwan Abu-Hijleh</p>	<p>Session Three: Education and Training in Complementary Medicine</p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> Describe the global status of education and training in the field of complementary medicine. Describe how to integrate complementary medicine education into medical education.
11.45-12.00	Break
<p>12.00pm-1.30pm</p> <p>Dr. Samir Al Hilo Dr. Ammar Tonkal Dr. Mohammad Alesali</p>	<p>Session Four: Systemic Diseases and Complementary Medicine</p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> Define herbal medicine and describe its global economics. Describe the role of Islamic civilization in treating diseases and protecting health. Demonstrate a model of integrating Islamic healthcare in health promotion.

1.30pm-2.00pm	Break
2.15pm-3.15pm Dr Abdulhadi Bima	Session Five: Fasting, Intermittent Fasting and Dietary Practices <u>Learning outcomes:</u> <ul style="list-style-type: none">• Demonstrate the role of fasting and intermittent fasting from research and Islamic aspects.
3.15pm-3.45pm	Break
3.45pm-5.15pm Dr. Mamoun Mobayed Dr. Youssef Ban El Mahdi	Session Six: Legal rooting and the medical view of the influence of Satan on mental and physical health <u>Learning objectives:</u> <ul style="list-style-type: none">• Describe Sharia rules for complementary medicine practice related to previous civilizations.• Demonstrate the medical view of the devil's connection to physical and mental illness.