

# The Third Pediatric Nutrition Conference

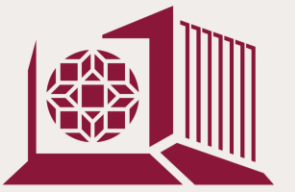
"Healthy Children for a  
Sustainable Future"

# المؤتمر الثالث لتغذية الأطفال

"أطفال أصحاء من أجل  
مستقبل مستدام"

## Day 02





### Session 4: Infant, Child & Adolescent Nutrition (CPD accredited)

Moderator: Dr. Zumin Shi

08:25–08:30		<b>Session Pre-evaluation</b>
08:30–08:55	<b>Dr. Farah Naja</b> (United Arab Emirates)	Bridging Evidence and Policy: The Journey of a Mother and Child Nutrition Cohort in Qatar and Lebanon
08:55–09:15	<b>Dr. Abdul Baseer Qureshi</b> (Egypt)	Early Childhood Nutrition and the First 1,000 Days of Life
09:15–09:30		<b>Q &amp; A</b>

### Auditorium (09:30–10:35)

Moderators: Dr. Manal Othman & Dr. Sybil Barr

09:30–09:45	<b>Dr. Sabika Allehdan</b> (Bahrain)	Exploring Adolescents' Nutrition Literacy and their Parents' Food Literacy in Bahrain: A Cross-sectional Study
09:45–10:00	<b>Dr. Basma Al-Yazeedi</b> (Oman)	Adherence and Determinants of Infant Feeding Practices in Oman: A Nationally Representative Study
10:00–10:15	<b>Dr. Amna Al-Mansoori</b> (United Arab Emirates)	Maternal and neonatal outcomes in women with a bariatric surgery history
10:15–10:30		<b>Q&amp;A</b>
10:30–10:35		<b>Session Evaluation</b>

### Hall One (09:30–10:35)

Moderators: Dr. Mirey Karavetian & Dr. Dr. Haya Aljadani

09:30–09:45	<b>Ms. Razan Al-Rahahleh</b> (Jordan)	Early Nutrition and Infant Feeding Practices: A Cross-Sectional Study of Household Determinants, Birth Factors, and Maternal Health in Northern Governorates of Jordan
09:45–10:00	<b>Dr Amal Khidir</b> (Qatar)	Eating Habits and Social Media: Opportunities and Challenges
10:00–10:15	<b>Dr. Suzan Tami</b> (Kingdom of Saudi Arabia)	Assessing Home Environment Influences on Childhood Obesity Risk in Al-Ahsa, Saudi Arabia
10:15–10:30		<b>Q&amp;A</b>
10:30–10:35		<b>Session Evaluation</b>



10:35–10:55

**Coffee Break**

### Session 5: Clinical Pediatric Nutrition & Special Populations

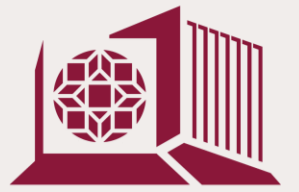
Moderators: Dr. Maya Bassil

10:55–11:20	<b>Dr. Leila Cheikh Ismail</b> (United Arab Emirates)	Bridging the Gap in Child Growth Assessment
11:20–11:45	<b>Dr. Eman Habib</b> (Egypt)	Nutrition for Children with Disabilities
11:45–11:55		<b>Q &amp; A</b>



# Day 2

Wednesday, 28 October 2026



## Auditorium: (11:55–12:50)

Moderators: Dr. Amna Al-Mansoori & Dr. Sabika Allehdan

11:55–12:10	<b>Dr. Simone Perna</b> (Italy)	Ketogenic diet in children with epilepsy and ketogenic foods in the Middle East
12:10–12:25	<b>Ms. Marwa Rustom</b> (Qatar)	Optimizing Weight Gain in Failure to Thrive
12:25–12:40	<b>Ms. Shaikha Al-Abduljabbar</b> (Qatar)	Unveiling multi-omics insights for precision nutrition in type 1 diabetes and obesity-associated type 1 diabetes among the pediatric population in Qatar
12:40–12:50		<b>Q&amp;A</b>

## Hall One: (11:55–12:50)

Moderators: Dr. Ghazi Daradkeh & Dr. Hasanain Ghazi

11:55–12:10	<b>Dr. Sahar Khairy</b> (Egypt)	Beyond BMI: A Nutrition-Centred Framework for Assessing Pediatric Eating Disorders
12:10–12:25	<b>Ms. Salma Ahmed</b> (Qatar)	Diet & Microbiome Interactions Revealing Distinct Steroid Response Subtypes in Pediatric Nephrotic Syndrome
12:25–12:40	<b>Ms. Samreen Latif</b> (Pakistan)	Evaluation of different feeding strategies for the management of preterm infants in selected NICUs of Pakistan
12:40–12:50		<b>Q&amp;A</b>

12:50–13:10

## Poster Presentations

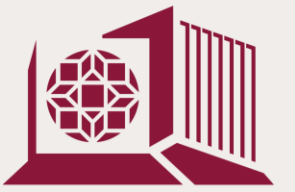
13:10–13:40

## Lunch Break

## Session 6: Childhood & Adolescent Obesity (CPD accredited)

Moderator: Dr. Reema Tayyem

13:40–13:43		<b>Session Pre-Evaluation</b>
13:43–14:05	<b>Dr. Paulina Nowicka</b> (Sweden)	Addressing childhood obesity and related diseases through nutrition: Evidence and practice
14:05–14:30	<b>Dr. Ayoub Al-Jawaldeh</b> (Jordan)	Addressing childhood obesity and associated diseases
14:30–14:45		<b>Q &amp; A</b>



## Auditorium: (14:45–15:50)

Moderators: Dr. Simone Perna & Dr. Seyyed Reza Sobhani

14:45–15:00	<b>Dr. Ghazi Daradkeh</b> (Qatar)	Fuel or Fat? The Hidden Link Between Energy Drinks and Adolescent Obesity
15:00–15:15	<b>Dr. Rania Al-Groom</b> (Jordan)	Social Media Exposure, Body Image Perception, and the Influence of Food Content: Associations with BMI among School Students Aged 12–17 in Jordan
15:15–15:30	<b>Dr. Noor Hamed</b> (Qatar)	From Plate to Hormones: Understanding Childhood Obesity
15:30–15:45		<b>Q&amp;A</b>
15:45–15:50		<b>Session Evaluation</b>

## Hall One (14:45–15:50)

Moderators: Dr. Hiba Bawadi & Dr. Suzan Tami

14:45–15:00	<b>Dr. Narmeen Al-Awwad</b> (United Arab Emirates)	Nutritional Status of Children with Cerebral Palsy in Jordan
15:00–15:15	<b>Dr. Cherine Hatem</b> (Qatar)	Latest Advances in Childhood Obesity
15:15–15:30	<b>Ms. Roaa Malas</b> (United Arab Emirates)	Evidence-Based Nutrition Strategies for Optimizing Growth in Premature Infants
15:30–15:45		<b>Q&amp;A</b>
15:45–15:50		<b>Session Evaluation</b>



15:50–16:00

Coffee Break

Session 7: Disordered Eating, Mental Health & Digital Exposure (CPD accredited)

Moderator: Dr. Layal Karam

16:00–16:03		<b>Session Pre-evaluation</b>
16:03–16:25	<b>Dr. Nadine Zeeni</b> (Lebanon)	Disordered Eating in Youth: Emerging Challenges in a Digital World
16:25–16:45	<b>Dr. Madeeha Kamal</b> (Qatar)	Silent Screams: Revealing the Hidden World of Qatar's Eating Disorders Puzzle
16:45–16:55		<b>Q &amp; A</b>
16:55–17:00		<b>Session evaluation</b>
17:00–17:10		<b>CPD Evaluation</b>

## ★ Closing Ceremony

17:10–17:15	<b>Summary &amp; Recommendations</b>
17:15–17:30	<b>Conference Ceremony, Poster Award announcement &amp; Appreciation</b>