

# The Third Pediatric Nutrition Conference

"Healthy Children for a  
Sustainable Future"

# المؤتمر الثالث لتغذية الأطفال

"أطفال أصحاء من أجل  
مستقبل مستدام"

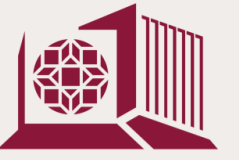
27–29 October 2026

Student Affairs (I11)  
Qatar University

٢٧ – ٢٩ أكتوبر ٢٠٢٦

مبنى شؤون الطلاب (I11)  
جامعة قطر





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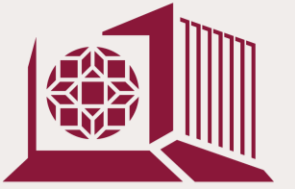
## Day 01





# Day 1

Tuesday, 27 October 2026



## ★ Opening Ceremony

08:30–09:00	Registration & Networking
09:00–09:10	Opening Speech: Prof. Omar Al-Ansari President of Qatar University
09:10–09:15	Opening Speech: Her Excellency, Lolwah RM Al-Khater Minister of Education and Higher Education
09:15–09:20	Opening Speech: Prof. Hanan Abdul Rahim Dean, College of Health Sciences
09:20–09:25	Opening Speech: Dr. Rayanna Bou Haka WHO Representative in Qatar
09:25–09:30	The Conference Videos

## 🌱 Session 1: Nutrition, Growth, and Resilience

👤 Moderator: Dr. Mohammad Ahmadna

09:30–09:55	<b>Dr. Dalia Ayyad (Palestine)</b>	The story of child malnutrition in Gaza: realities and challenges for humanitarian response
09:55–10:20	<b>Dr. Duo Li (China)</b>	The Jiaxing Birth Cohort: factors influencing the growth, development, and health of infants and young children
10:20–10:30	<b>Q &amp; A Session</b>	

## Auditorium (10:30–11:25)

👤 Moderators: Dr. Layal Hanna Karam & Dr. Nauman Khalid

10:30–10:45	<b>Dr. Tahra ElObeid (Qatar)</b>	The Burden and Health Impact of Severe Child Undernutrition in Sudan
10:45–11:00	<b>Dr. Abdulkareem Nassar (Yemen)</b>	The role of community health and nutrition volunteers in improving the health and nutrition status of infants and young children in remote areas, Hajjah, Yemen
11:00–11:15	<b>Ms. Haya Alkhamash (Jordan)</b>	Integrating MUAC screening into UNRWA's child health services for improved wasting detection in Gaza conflict in 2024
11:15–11:25	<b>Q&amp;A</b>	

## Hall One (10:30–11:25)

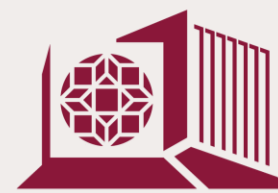
👤 Moderators: Dr. Ghadeer Jayyousi & Dr. Haleama Al-Sabbah

10:30–10:45	<b>Dr. Radwan Qasrawi (Palestine)</b>	Disability severity and child growth: moderating pathways between diet, micronutrient intake, and anthropometric indicators among children aged 5-18 years
10:45–11:00	<b>Dr. Sohair Elsidig (Qatar)</b>	Medical Management of Faltering Growth: From Early Detection to Precision Intervention
11:00–11:15	<b>Dr. Rahaf Elgonaid (Qatar)</b>	Continuity in disruption: A virtual support system strengthening infant nutrition in Gaza
11:15–11:25	<b>Q&amp;A</b>	



# Day 1

Tuesday, 27 October 2026



11:25–11:45

## Coffee Break & Student Poster Presentation



### Session 2: From Policy to Practice in Child Nutrition



Moderator: Dr. Ala Rajabi

11:45–12:05

**Ms. Fetna Al-Naemi**  
(Qatar)

Breastfeeding and Public Health in Qatar:  
From National Policy to Universal Health Coverage

12:05–12:25

**Ms. Hend Al-Tamimi**  
(Qatar)

Qatar Dietary Guidelines for Mother and Child (0-5 Years)

12:25–12:35

Q & A

### Auditorium: (12:35-13:30)



Moderators: Dr. Zumin Shi & Dr. Radwan Qasrawi

12:35–12:50

**Dr. Annalisa Terranegra**  
(Qatar)

The effect of Ramadan Fasting in Pediatric Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD): Epigenetic and Lipidomic Analyses

12:50–13:05

**Dr. Hala Al-Nawaiseh**  
(Jordan)

Nutritional and Developmental Status among Jordanian Children Aged 3-5 Years Old in Jordan University Hospital: A Cross-Sectional Study

13:05–13:20

**Dr. Haya Aljadani**  
(Kingdom of Saudi Arabia)

Advancing Food Literacy for Children with Food Allergies: Expert Evaluation of an Educational Tool for Use in Arab Pediatric Hospital Settings

13:20–13:30

Q&A

### Hall One: (12:35-13:30)



Moderators: Dr. Cherine Hatem & Dr. Niveen Abu-Rmeileh

12:35–12:50

**Dr. Haleema Al-Sabbah**  
(United Arab Emirates)

Pediatric Nutrition Challenges in the United Arab Emirates: A Focused Analysis of Feeding Practices, Growth Indicators, and Micronutrient Status

12:50–13:05

**Dr. Irina Godchaux**  
(United Arab Emirates)

Preparing future physicians to address paediatric obesity: Findings from an umbrella review of medical education

13:05–13:20

**Dr. Thanaa Al-Jaraideh**  
(Jordan)

Food and Nutrient Intakes from School Canteens and Markets near Schools among Students Aged 14-18 Years in Jordan

13:20–13:30

Q&A



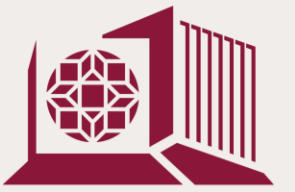
13:30–14:00

## Poster Presentations



14:00–14:30

## Lunch Break



### Session 3: Food, Fitness & Innovative Diet Design for Lifelong Health (CPD Accredited)

Moderator: Dr. Tahra El-Obeid

14:30–14:33	<b>Session Pre-evaluation</b>	
14:33–14:55	<b>Dr. Jennifer Sacheck (USA)</b>	Food, Fitness, and Building Health for a Lifetime: Nurturing Our Kids Today for a Healthier Tomorrow
14:55–15:20	<b>Dr. Nauman Khalid (Pakistan)</b>	Valorization and value-addition of Gen-Z teens' diets: Concepts of novel food designs
15:20–15:35	<b>Q &amp; A Session</b>	

### Auditorium: (15:35- 16:40)

Moderators: Dr. Atiyeh Abdallah & Dr. Hussein Hassan

15:35–15:50	<b>Dr. Maha Hoteit (Lebanon)</b>	Environmental Footprints of Adolescents' Diets in Lebanon: Links to Malnutrition and Obesity-Findings from the Lebanese National Food Consumption Survey (LEBANON-FCS)
15:50–16:05	<b>Dr. Dalia Abu Al-Haija'a (Jordan)</b>	Emotional Eating, E-Smoking, and Coffee Craving as Coexisting Emotional Coping Behaviors Among School Students Aged 12–17 in Jordan
16:05–16:20	<b>Dr. Sameeha Thnaibat (Jordan)</b>	Metabolic Greenprints in Childhood: Behavior-Based Reprogramming of Adipose Tissue for Sustainable Obesity Prevention
16:20–16:35	<b>Q&amp;A</b>	
16:35–16:40	<b>Session Evaluation</b>	

### Hall One: (15:35- 16:40)

Moderators: Dr. Annalisa Terranegra & Dr. Narmeen Al-Awwad

15:35–15:50	<b>Dr. Seyyed Sobhani (Iran)</b>	The Role of Perceived Desirability and Sensory Actions in Adolescent Food Choices: Potentials for Promoting Sustainable Nutrition
15:50–16:05	<b>Dr. Hasanain Ghazi (Iraq)</b>	Mothers' knowledge, attitudes, and practices towards feeding their under-five children in Baghdad, Iraq
16:05–16:20	<b>Dr. Mohammad Tilaki (Malaysia)</b>	Food Island Syndrome and Pasar Malam Food Environments: Understanding Childhood Overweight in Vulnerable Neighbourhoods of Penang Island, Malaysia
16:20–16:35	<b>Q&amp;A</b>	
16:35–16:40	<b>Session Evaluation</b>	

## **A** WORKSHOP Eating Disorders



**16:40 – 16:45** Session Pre-evaluation  
**16:45 – 17:15** Introduction  
**17:15 – 18:40** Case-Based Discussion  
**18:40 – 18:45** Session Evaluation

### Eating Disorders and Disordered Eating in Children and Adolescents in the Middle East



**Presenter**  
 Dr. Nadine Zeeni (Lebanon)  
 Ms. Ivana Klari-Mandic (Qatar)



**Moderator**  
 Dr. Maya Bassil (Qatar)

**Interactive**